



# Travel Like A Fashionista



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As I plan an upcoming getaway, I am forced to think about what to pack and how to look pulled together while I travel. There's nothing worse than showing up at your fun-filled vacation spot looking ruffled or utterly NOT chic. I know, I know you want to be comfortable on the plane, BUT, there is a way to remain comfy and **STYLISH**—**TRUST ME!** Remember back in the day, people used to “dress” for travel. So, make an effort—you paid enough for the ticket!

## LADIES:



Rather than tossing on a pair of loose unflattering sweats try a long or short knit dress. The fabric won't wrinkle and you can throw on some funky jewelry to make you stand out. Wor-

ried about walking though the airport and getting sore tootsies? Resist the urge to slip into Crocs or clunky tennis shoes. Instead, a strappy flat sandal ought to do the trick or even a demure ballet flat. In cooler months trade the sandals for knee-high flat boots—Great with a dress too! Don't



*cute together*



forget a warm shawl too... Airports and planes can be chilly. You don't want to throw on an oversized sweater and ruin your ensemble—**PLUS**, scarves are totally in right now, any season, so if there's no room in your bag, wrap it around your neck in the meantime as an au courant accessory! Don your sunglasses too... you'll be an incognito fashion superstar sashaying though the gate.

What to skip you ask? Personally I find denim totally NOT pliable at times and therefore literally a pain if sitting too long, if you like jeans though try a



*carry it all*

skinny pair with lycra that will move with you and will look super stylin'. Linen too is a no-no—you'll know why as soon as you stand up and notice that it appears you just jumped out of bed. Also, skip the fannie pack and other clunky travel pieces. Since it's such a challenge to get through security these days anyway you're best bet is one oversized handbag that will carry just about everything! Big bags are **SO IN** right now. Also leave ill-fitting shorts at home—again usually not the best for comfort as well as oversized t-shirts—just not flattering. The only **OVER-SIZED** items you should be wearing are sunglasses and your handbag on your arm.

## GENTLEMEN:

Travel is no excuse not to look nice, put-together, and sophisticated. The runway can be just that for you... a venue for you to show off your fashionable side. As with the women, you



want to choose fabrics that are opposed to wrinkling. Jeans for men are a bit more forgiving and as long as they are not acid-washed or torn-up are typically a good start for looking pulled-together. Choose a nice button down top as opposed to an old t-shirt and skip the chunky velcro-contraption sandals—they may be a comfort statement but they are nothing close to a fashion statement. Instead, you'll be just as comfy in a pair of loafers—men's shoe companies actually make nice-looking comfort shoes. Try Geox for instance—found at Nordstrom. Skip the visors and 1980's style mirrored sunglasses. It takes just as much energy to put something nice on vs. something sloppy. Happy travels!



*geox*



*no to velcro*